

Kingston Yacht Club

Sailors' Handbook

2014

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Table of Contents

Keelboat Racing Schedule	4
Regattas at KYC	5
Other Important Sailing Events	6
Cruising Schedule	7
Radio Controlled Schedule	8
Women in Wind	9
Keelboat Racing - Sailing Instructions	10
Appendix A: Supplementary Instructions and Weekend Events	
Appendix B: Season Awards	34
Race Committee Guidelines	36
Cruising Fleet Program	42
Cruising Awards	43
Radio Controlled Racing Season	44
A word from the shore	45
Contact the Kingston Yacht Club	51
Location of KYC racing marks	Back Cover

Keelboat Racing Schedule

April	26 th	Launch	
	27 th	Stepping of Masts	
	29	Practice Race	
May	1	Shark Racing Begins	
	1	PHRF Racing Begins	
	24 th	Pigeon Island Race	
June	7 th	Sailpast	
	8	Practice Sprints	
	14 th	Harbour Race	
	21	Single/Doublehanded Race	
	22	Practice Sprints	
July	4 th	Main Duck Island Race	
	19 th	Partridge Bowl	
August	9 th	Wolfe Island Race	
September	6 th	Carruthers Series	
_	30 th	Weeknight Racing Ends	
October	4	Chase Race	
	29 th	Cradles - Trailer Unloading	
November	1	Mast De-Stepping	
	2	Haulout	
	8 th	KYC Awards Night	

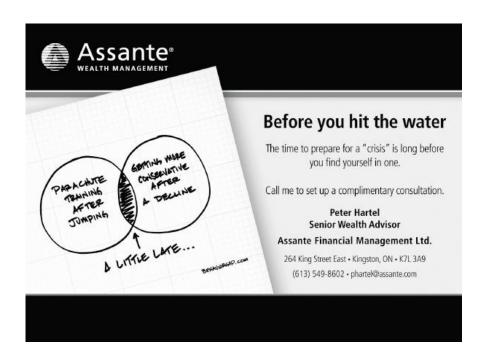


YACHT EQUIPMENT, SWAGING & RIGGING

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Regattas at KYC

May 10	Kingston-Quinte Shark Team Race Challenge (Belleville)
July 5-6	Eastern Ontario Shark Championship
July 21-24	29er North Americans
Sept 12-14	IOM Canadian Nationals



Other Important Events

These events are popular with some members. Typical timing is given, but be sure to check online for the exact dates so you have the latest information.

Sat. after	Niddler's Race	Clayton,
Mem. Day		NY
Throughout	Shark Away Regattas	Shark Class
the Summer	www.shark24.ca	Association
Early June	Amherst Island Race	CBYC
	collinsbaymarina.com/cbyc/	
Late June	Long Point Challenge	CBYC
Mid July	EYC	PEYC
	easternyachtingcircuit.org	
Mid July	Lake Ontario 300	PCYC
	www.lo300.org	
Late July	Simcoe Island Race	CBYC
Late July	Youngstown CanAm	YYC
-	Challenge www.yyc.org	
Late July	LYRA – Toronto	NYC
	www.lyrawaters.org	
Early Aug	Anniversary Regatta	CBYC
Mid Aug	Pigeon Island	CBYC
August	CORK www.cork.org	РОН
Mid Sept	Amherst Island Pursuit Race	Loyalist
	& ASK Regatta	Cove
	www.marineoutfitters.ca/index.cfm	
	?page=racing_amherst_info	
Late Sept	CORK Fall Regatta	POH

Cruising Schedule

Please see Page 42 for full info on the Cruising Program

Date	Event	Organizer(s)
May 17-18, 2014	Gananoque/Thousand Islands Playhouse Cruise	Rod Munro and Alison Brown
June 2014 **	Clayton Cruise	John Kitney and Lou Franchi
June 2014**	Saturday Cruise	Robert and Judith McKenzie
July 3-22, 2014**	Extended Cruise – "Come Fly with me"	John Mason
August 2014	Around the Lake Cruise	Gunnar Heissler
August 15- 17, 2014	Picton Jazz Festival	John and Karen Kitney
September 2014**	Relay Race	John Mason and Jim Beatson

^{*}Tentative

Boat Protection



Summer Fun

- * Add that addition to your boat without the foot-itise *Hot summer sails are cooler
- under good shade *Stay outdoors longer while
- mosquitoes try to get in



Winter Ho-Hum

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- *Protecting your boat from deck to water line



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^{**}Date(s) to be finalized

Radio Controlled Schedule

Please see Page 44 for full info on the Radio Controlled Program

Soling Fleet

Wed Evenings - KYC 6pm start	
May - June - July Wednesdays Series A	
August - Sept - Oct Wednesday	Series B

IOM Fleet

Mon Evenings – KYC 6pm start	
May - June	Series A
July - August	Series B
September, October, November	Frostbite

HOBBIES

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Women in Wind

Day	Date	Event
Wed	May 7	Pot Luck
Wed	May 21	Meet & Greet - downstairs
Wed	May 28	Wednesday Night Sail Program begins
Mon	TBA	Dinghy Instructional Sailing Part 1 of 2
Mon	TBA	Dinghy Instructional Sailing Part 2 of 2
Mon	TBA	Dinghy Instructional Sailing rain date
Fri	TBA	Barbeque (all KYC members invited)
Wed	TBA	Race Night 1 of 2
Wed	TBA	Race Night 2 of 2
Wed	TBA	Race Night Rain Date
Wed	Sept 10	Wednesday Night Sail Program ends
Wed	Sept 17	Women in Wind Annual General Meeting

Women in Wind is a full KYC sailing program, exclusively for women, run by women.

All women members of KYC are welcome to participate in the Women in Wind program. Our goal is to help women gain confidence, sailing experience and friendship through the variety of activities offered under the "Women in Wind" banner.

Watch the Women in Wind section of the KYC website for updates on activities and information on how to sign up for individual programs.

Keelboat Racing

Shark Class Rep: Peter Van Rossem
PHRF I Class Reps: Rob Colwell and Peter Kraszewski
PHRF II Class Rep: John Vines

Sailing Instructions

1. RULES

KYC Races will be governed by the rules as defined in *The Racing Rules of Sailing* and the By-laws of the Kingston Yacht Club

2. ELIGIBILITY AND ENTRY

- **2.1** KYC Races are open to all boats of the Shark class and all boats of the Performance Handicap Racing Fleet Lake Ontario (PHRF) class.
- 2.2 PHRF classes will be handicapped using the time on time (TOT) method. The PHRF class may be split into PHRF I and PHRF II classes. PHRF I will include all boats that rate 159 or less which choose to race with Flying Sails (FS). PHRF II will include all boats that rate 183 or more and all boats which choose to sail with No Flying Sails (NFS). FS Boats that rate between 160 and 182 inclusive may choose which fleet they will sail in. This choice will be in effect for the full season and must be made prior to the first race in which the boat competes.
- 2.3 If there are situations where PHRF I and PHRF II sail the same course and start at the same time they will be scored separately
- **2.4** A group of similar boats having consistently more than 5 starters in a class may be offered a separate

start.

- 2.5 Article 24 of the club bylaws limits the introduction of guests; this includes as race crew. Therefore all those who participate in KYC sailing events shall be either KYC members in good standing, invited guests (within the limits of our defined guest policy); or, in the spirit of good sportsmanship, visiting members of affiliated yacht clubs with whom KYC has exchanged reciprocal privileges. It is the responsibility of the skipper to ensure that their crew are eligible to participate. Boats contravening this Bylaw are subject to protest.
- **2.6** A boat enters a series by starting in at least one race in that series.

3. MEASUREMENT

- **3.1** Each Shark shall produce a valid measurement certificate and/or certificate of compliance with their Class Rules.
- **3.2** Each PHRF boat shall produce a valid PHRF-LO rating certificate.

4. NOTICES TO COMPETITORS

The Official Notice Board will be the closed glass case located at the base of the staircase near the door to the bar. Notices may be duplicated on the KYC web site and emailed to registered competitors.

An exception will be Race Committee Duty where the KYC web site information will be the official information. The official information will be posted to the Official Notice Board at regular intervals.

5. CHANGES TO THE SAILING INSTRUCTIONS

Any change to the Sailing Instructions will be posted at

least 2 hours before racing on the day it will take effect, except that any change to the schedule of races will be posted before 2000 hours on the last racing day before it will take effect. In addition, **Code Flag 'L'** will be flown from the KYC Yardarm at least 1 hour before racing on the day the amendment first takes effect.

6. SIGNALS MADE ASHORE

- **6.1**Signals made ashore will be displayed from the KYC Yardarm located on the breakwater. Race Committee may also broadcast notice of signals on VHF channel 71.
- **6.2** When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP.

7. SCHEDULE OF RACES

- **7.1** Weeknight races for all classes will be held on each Tuesday and Thursday during the months of May through September.
- **7.2** The scheduled time of the warning signal for weeknight races is 1800.
- **7.3** Weekend race dates and times are specified in Appendix A.

8. CLASS FLAGS

Class flags will be:

Class	Flag
PHRF I	Numeral Pennant 1
Shark	Numeral Pennant 2
PHRF II	Numeral Pennant 3

9. RACING AREAS

Racing will be held in the waters of Kingston Harbour, south of Kingston Yacht Club and connected areas of Lake Ontario and the St. Lawrence River.

10. THE COURSES

10.1 Courses will be signalled by displaying letter plaques that correspond to the marks of the course in the sequence of rounding. The plaques will be displayed in rows above the cabin of the RC boat. One row is used for each class. In general, the starting order and course display will be as follows.

First Start	Top Row	PHRF I
Second Start	2nd Row	Shark
Third Start	3rd Row	PHRF II

Should the third row be left blank, PHRF II will sail the course posted on the top row.

In addition, if the Race Committee decides to start one or more classes together, their class flags will be displayed together as their Warning signal.

10.2 Course plaques are visible from both sides. The letters posted are to be read from bow to stern of the Race Committee vessel. (That is: Right to Left on the starboard side, Left to Right on the port side.)

The most forward letter designates the mark ending the first leg. The stern-most letter designates the finish mark.

A plaque with a **RED** background indicates a mark to be left or rounded to **PORT**. A plaque with a **GREEN** background indicates a mark to be left or rounded to **STARBOARD**.

Plaque 'O' designates the starting pin, which may also be a mark of the course. When the 'O' plaque is BLACK on WHITE (neither RED nor GREEN), "O" is a GATE with the RC vessel being the other mark

of the gate. The Gate shall be passed through from the direction of the last mark.

Temporary marks, if used, will be designated as follows:

W – Windward **J** - Gybe **L** - Leeward A BLACK on WHITE numeral (2, 3 or 4) plaque indicates the number of times the preceding course is to be rounded.

- **10.3** Course boards may be removed 5 minutes after the last start.
- **10.4** All windward marks for weeknight racing will be left to port.
- **10.5** All courses for weeknight racing will include a windward leg as the first leg.
- **10.6** All Shark courses for weeknight racing will be a combination of windward and leeward legs only.
- **10.7** Courses for weeknight racing will not be set or shortened to fewer than two legs.
- **10.8** Courses for weekend racing are specified in Appendix A.

11. MARKS

- 11.1 The mark network used for KYC races includes government buoys, KYC permanent marks, and temporary marks. See Appendix 'B' and the back cover of this Handbook for details of type and approximate locations of permanent marks. Latitude and longitude of the marks are posted on the KYC web site.
- **11.2** Other marks may be orange flags on a pin, orange tetra-marks, or round orange marks.

12. THE START

12.1 Races will be started by using Rule 26 with the warning signal made five (5) minutes before the starting signal.

The signalling (repeated here for *ease of access to information sake only*) will be:

Signal	Flag & Sound	Mins before Starting Signal
Warning	Class flag; 1 sound	5
Preparatory	P, I, Z, Z with I, or black flag flag; 1 sound	4
One Minute	P flag removed; 1 long sound	1
Starting	Class flag removed; 1 sound	0

- 12.2 The starting line will be between the mast displaying the "RC" flag on the Race Committee vessel and a temporary mark identified as Mark "O" with an orange flag. Alternately, the temporary mark may be replaced by any mark listed in the mark network. When conditions prevent anchoring of the Race Committee vessel, it may be replaced by a temporary mark with an orange flag. Boats whose warning signal has not been made shall avoid the starting area during other starting sequences.
- **12.3** A boat not starting within 4 minutes of her starting signal will be scored Did Not Start without a hearing. This changes rules A4 and A5.
- 12.4 All boats are requested to check in with the Race Committee before the Warning signal for their race. Boats are requested to sail across the stern of the Race Committee vessel on starboard tack and to check in. Failure to be identified as starter may result in a boat being scored DNC.
- **12.5** Boats using a sail with a number other than their registered number shall notify the Race Committee

prior to their warning signal.

12.6 The Race Committee may hail the sail numbers of boats that are OCS on VHF channel 71. Failure to do so, or the order of boats called, shall not be grounds for redress.

13. CHANGE OF THE NEXT LEG OF THE COURSE

RRS 33 is changed to read:

The race committee may change the course with the display of **Code Flag "C"** with repetitive sounds and display of the sequence of marks from that point in the race to the finish.

The signal will be displayed at a rounding mark or at a gate.

When **Code Flag "C"** is displayed alone the change will apply to all classes. When **Code Flag "C"** is displayed with a class flag or flags it will apply only to the designated classes.

14. THE FINISH

The finishing line will be between a mark of the course and the mast displaying the blue shape, blue flag or **Code Flag "S"**, when shortening, on a Race Committee vessel. If conditions prevent anchoring of the Race Committee vessel, or if for any other reason the vessel is absent, the vessel may be replaced by a temporary mark.

15. TIME LIMITS AND TARGET TIMES

15.1 Time limits and target times are as follows:

Class	Event	Time Limit	Mark 1 Time Limit	Target Time
All Classes	May Weeknights	2000	1900	1915

All Classes	June, July Weeknights	2100	1900	1945
All Classes	August, September Weeknights	Sunset	1900	0030 before sunset

If no boat has passed Mark 1 within the Mark 1 time limit the race will be abandoned. Failure to meet the target time will not be grounds for redress.

15.2 For weeknight races, boats failing to finish within 30 minutes (corrected time) after the first boat in their class sails the course and finishes will be scored Did Not Finish without a hearing. This changes rules 35, A4 and A5.

16. PROTESTS AND REQUESTS FOR REDRESS

- 16.1 Protest forms are available at the Sailing Office and at the bar. Protests and requests for redress or reopening shall be delivered to the Race Management Coordinator within the appropriate time limit.
- 16.2 For each class, the protest time limit is 90 minutes after the last boat has finished the last race of the day. If the last boat finishes such that the protest time limit would be after the bar closes for the day, protest time limit is extended to 1200 the following day.
- 16.3 Protests will be heard at the first possible date following the race where the incident took place. Parties will be notified of the time and place of the hearing.
- **16.4** Notices of protests by the race committee or protest committee will be posted to inform boats as provided in rule 61.1(b).
- **16.5** Protestors are encouraged to inform the R.C. on the water of their intention to protest.

16.6 Boats involved in a protest will have the option of mediation prior to entering the protest hearing. The mediator will be a mutually agreed upon party. The mediator will listen to both parties and provide insight and advice on probable outcomes to both parties. Protestors and Protestees may accept the advice of the mediator and withdraw from the race, or withdraw the protest respectively. If no solution is found through mediation, the protest will continue to the Protest Committee.

17. SCORING

- **17.1** Scoring shall be in accordance with the RRS Appendix A.
- 17.2 Appendix A4.2 amended as follows: A boat that did not start, retired after finishing or was disqualified shall be scored points for the finishing place one more than the number of boats entered in the series. A boat that did not finish shall be scored points for the finishing place one more than the number of boats that finished the race. A boat that is penalized under rule 30.2 or that takes a penalty under rule 44.3(a) shall be scored points as provided in rule 44.3(c).

17.3 RACE COMMITTEE AND REGATTA POINTS:

17.3.1. Races will be managed by members who race at KYC. A boat providing three or more people (two for boats with only three crew) to perform Race Committee Duty (RCD) on its designated night(s) shall be scored points equal to the average of its scores for all races in the series, except those excluded under 17.7. Failure to do so will result in

the following penalties:

- i.) A boat providing fewer people than required shall be scored points equal to the average of its scores for all races in the series, including those normally excluded under 17.7.
- ii.) A boat providing no people shall be scored DND (Do Not Discard), and may face additional penalties at the discretion of the Sailing Committee.
- 17.3.2. A boat that misses a race due to participation in a recognized non-KYC event shall be scored points equal to the average of its scores for all races in the series, except those excluded under 17.7. To receive Regatta Points, a boat must submit details of her intentions to the KYC Sailing Office prior to the event, in writing, stating event to be attended, dates of races to be missed, boat and owner's names.
- 17.4 When ties are broken in accordance with the RRS, Race Committee points and other average points shall be rounded to the nearest whole number and scored as a finish position for the purposes of tie breaking.

17.5 RACES HELD AND SCORED

A race is held for the class if one boat in that class (fleet) starts and the race is not abandoned.

For the Shark class the season will be divided into five monthly series.

For the PHRF classes the season will be divided into five series composed of:

Series 1 - all May Races,

Series 2 - June and July Tuesday Races,

Series 3 - June and July Thursday Races,

Series 4 - all August Races,

Series 5 - all September Races.

- **17.5** Four (4) races are required to be completed to constitute a series.
- **17.6** (a) When fewer than 5 races have been completed, a boat's series score will be the total of her race scores.
 - (b) When from 5 to 7 races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
 - (c) When from 8 to 10 races have been completed, a boat's series score will be the total of her race scores excluding her two worst scores.
- and on the Internet as soon as practicable after each race or event. Series results will be posted and updated regularly throughout the series and the season.

18. SAFETY

- **18.1** RRS 40 is amended to read: "When flag Y is displayed with one sound before or with the warning signal, competitors *out of the cockpit* shall wear personal flotation devices, except briefly while changing or adjusting clothing or personal equipment. Wet suits and dry suits are not personal flotation devices."
- **18.2** A boat that retires from a race shall notify the race committee as soon as possible. The notification may be provided orally, by VHF radio Channel 71 or by telephoning KYC (at 613-548-3052). Give the boat's Name, Sail Number, and the Class.

19. RACE COMMITTEE DUTY (See SI 17.3)

Crews of competing boats are required to participate as

Race Committees, according to the schedule of skippers published on the KYC web site & Official Notice Board. Race Committee duty requires at least three people (two for boats with only three crew).

20. PRIZES

Prizes may be awarded to weeknight race winners. Flags will be awarded to series winners. Trophies will be awarded as detailed in Appendices 'A' and 'C'.

21. DISCLAIMER OF LIABILITY

In accordance with rule 4, competitors participate entirely at their own risk. KYC will not accept any liability for material damage or personal injury or death sustained in conjunction with, prior to, during, or after the racing.

22. INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of CDN\$2,000,000 per event or the equivalent.



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Appendix A: SUPPLEMENTARY INSTRUCTIONS AND COURSES FOR WEEKEND EVENTS

Unless otherwise noted, there will be a Skipper's meeting at one hour before the scheduled first warning signal for the event.

If fewer than 3 Sharks are represented at the Skipper's meeting, the Shark start may be cancelled and Sharks with a valid PHRF certificate may race in the appropriate PHRF class.

Trophies will be awarded on the basis of best corrected finish time for the PHRF classes and best finish position for the Shark class.

Regardless of whether the Race Committee is available to finish boats, competitors are **required** to report their finish time, on forms provided at the 'Official Notice Board', corrected to the 'Official Time'. Report Forms must be delivered to the Racing Office or the bar within 24 hours of the boat's finish. Competitors may also report their finish time by e-mail. Send the information to **race@kingstonyachtclub.ca**

PIGEON ISLAND RACE - Saturday May 24th, 2014

SKIPPERS MEETING: 0930 hrs.

FIRST SIGNAL: 1030 hrs.

COURSE: The start will be between the KYC Race Committee Vessel and a temporary mark located

approximately 0.5 N Miles downwind from 'Myles Shoal', **K1** (KYC Mark '**R**'). The RC vessel will display a **Red** or **Green** plaque indicating the side on which the first mark is to be passed.

1. 'Myles Shoal', K1 (KYC Mark 'R')

2. Horseshoe Island to port3. Pigeon Island to port

4. Horseshoe Island to starboard

THE FINISH will be between the **KYC Flagpole** and **KYC Mark 'P'** (located approximately 100 yards south-southeast of the flag pole.)

Approximate Length: 19.0 Nautical Miles

TIME LIMIT: 2400 hrs Race Day

TROPHIES:

PHRF I: EYC Regatta Cup
PHRF II: 1st Prize Glenn Island
Shark: Motorboat Trophy

SUPPLEMENT: The Shark class may, at its discretion, elect to sail a race or series of races within the harbour, instead of the race to Pigeon Island. Courses for the race(s) will be posted on the day of the race. *The decision to exercise this option will be made not less that one week prior to the event.*



Trophies for all events - Special occassion and Retirement events 995 Sydenham Rd. - Kingston.

613.546.6114 - www.trophyhouse.ca

PRACTICE SPRINTS – Sunday June 8th and Sunday June 22nd, 2014

SKIPPERS MEETING: 1030 hrs.

FIRST SIGNAL: 1130 hrs.

GENERAL: These races are designed to give practice starting and boat handling on short courses. They do not count as part of the weekend series scoring.

COURSE: Courses and starts will be in accordance with the Weeknight Sailing Instructions, except that starts will generally proceed in reverse order, PHRF II, Sharks, PHRF I, to finish fleets as close together as possible. It is intended that there will be five or more very short course races (approx. 20 minutes). Each race will be windward / leeward consisting of a total of two legs, e.g. X0, or three legs, e.g. XR0.

After the finish of the first race, subsequent races will follow as soon as possible.

TIME LIMIT: No start after 1630

TROPHIES:

PHRF I: TBD PHRF II: TBD Shark: TBD

HARBOUR RACE – Saturday June 14th, 2014

SKIPPERS MEETING: 0930 hrs.

FIRST SIGNAL: 1030 hrs.

COURSE: The **start** will be between the KYC Race Committee Vessel and a temporary mark located approximately 0.5 N Miles downwind from 'Myles Shoal', K1 (KYC Mark 'R'). The RC vessel will display a **Red** or **Green** plaque indicating the side on which the first mark is to be passed.

1.	Myles Shoal (K1)	as above
	(KYC Mark ' R ')	
2.	Penitentiary Shoal (K3)	to port
	(KYC Mark 'F')	
3.	Melville Shoal (K9)	to port
4	Simcoe Island	to port
5.	Myles Shoal (K1)	to starboard
	(KYC Mark ' R ')	
6.	Bayfield Shoal (H43)	to starboard
	(KYC Mark 'D')	
7.	KYC Mark 'M'	to starboard
8.	Myles Shoal (K1)	to starboard
	(KYC Mark ' R ')	

THE FINISH will be between the **KYC Flagpole** and **KYC Mark 'P'** (located approximately 100 yards south-southeast of the flag pole.)

TIME LIMIT: 2400 hrs Race Day

TROPHIES:

PHRF I: Skene Trophy PHRF II: CYC 1924 Cup Shark: Hora Plaque

KYC SINGLE/DOUBLEHANDED RACE – Saturday, June 21nd, 2014

SKIPPERS MEETING: 0930 hrs. **FIRST SIGNAL:** 1030 hrs.

COURSE: to be decided and

announced at the Skippers Meeting

GENERAL:

The Single/Double Handed Race strives to promote single and double-handed sailing amongst the KYC fleet. The race will consist of a short to moderate length course around Kingston Harbour, using KYC racing marks.

Sharks and PHRF will race as separate classes.

Rule 40 (PFDs required) may be in force for all competitors. Its status will be announced at the Skipper's Meeting.

Boats racing in the PHRF classes will be permitted to sail double-handed. Boats racing in the Shark class will be sailed single-handed.

There will be a chase boat on course for the duration of the race in case of emergency.

Racers wishing to enquire further, or propose suggestions should contact their class representatives, or the RMC. The nature of this event will be one of experimentation and fun. Suggestions will be more than welcome from all parties.

TROPHIES:

Singlehanded: Spring Regatta Cup

Doublehanded: Lake of Two Mountains Cup

Shark: Albacore Blade

MAIN DUCK RACE – Friday July 4th, 2014

SKIPPERS MEETING: 1800 hrs **FIRST SIGNAL**: 1900 hrs

GENERAL: This is an overnight distance event for Offshore boats.

SPECIAL: Life jackets are required after sunset for all crew operating outside the cockpit during the race.

COURSE:

The **Start** will be between the KYC Race Committee Vessel and a temporary mark located approximately 0.5 N Miles downwind from 'Myles Shoal', **K1** (KYC Mark 'R'). The RC vessel will display a **Red** or **Green** plaque indicating the side on which the first mark is to be passed.

- Myles Shoal (K1) (KYC Mark 'R') as above
 Brothers Islands to Port
 Amherst Island to Port
 M9 (green can WSW of Main Duck Is.) to Port
 MM2 (red can SSW of Yorkshire Island) to Port
- 6. Horseshoe Island to Starboard

THE FINISH will be between the **KYC Flagpole** and **KYC Mark 'P'** (located approximately 100 yards south-southeast of the flag pole.). Finishers will take their own finish time and submit them to the Race Office as soon as is practicable after finishing.

TIME LIMIT: None

TROPHIES:

PHRF Overall: The William Casey Bowl

Other Division: GWVA Belleville

WOLFE ISLAND RACE – Saturday August 9th, 2014

SKIPPERS MEETING: 0930 hrs.

FIRST SIGNAL: 1030 hrs.

COURSE: THE START will be between the KYC Race Committee Vessel and a temporary mark located approximately 0.5 N Miles downwind from 'Myles Shoal', K1 (KYC mark 'R'). The RC vessel will display a Red or Green plaque indicating the side on which the first mark is to be passed.

	1			
1.	Myles Shoal (K1)	(KYC Mark 'R')	as above	
2.	Horseshoe Island		to port	
3.	Long Point (red spa	ar MH4)	to port	
4.	Bear Point (red spar	to port		
5.	Hinckley Shoal (red	l can R240)	to starboard	
6.	Leave Quebec Head	l Lighthouse	to port	
	and the red can (PV)	5)	to starboard	

7. **Holiday Point** (green spar **H37**) to port **THE FINISH** will be between the **KYC Flagpole** and **KYC Mark 'P'.**

Approximate Length: 39.7 Nautical Miles

TIME LIMIT: None

For 2014, we will offer other finishing options for the Wolfe Island Fleet. Competitors are requested to record their times as they pass the Bear Point mark MH2 and a line between the Quebec Head lighthouse and the mark located to the northeast (PV6). It is intended that the race be broken into three sections and that there be awards for each section. To score in a given section, the boat must have completed the previous section or sections.

TROPHIES:

Overall: Dinghy Cruising Plaque PHRF I: EYRC Cruising Race 1908

PHRF II: TBD

Shark: Calvin McNee

Watch for this landmark on your way round the island...



CARRUTHERS SERIES - Saturday September 6th, 2014

SKIPPERS MEETING: 0930 hrs.

FIRST SIGNAL: 1030 hrs

GENERAL: The series will consist of as many as three

course races.

COURSE:

Courses will be described in accordance with the Weeknight Sailing Instructions.

It is intended that there will be three course races of moderate length.

After the finish of the first race, subsequent races will follow as soon as possible.

TROPHIES:

Overall: Carruthers Plaque

PHRF I: Kingston Ice Yacht Club Trophy

PHRF II: KYC Challenge Cup

Shark: Keeble Tray

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THE CHASE RACE – Saturday October 4th, 2014

SKIPPERS MEETING: 0930 hrs

FIRST SIGNAL: 1035 hrs

GENERAL:

The Chase Race is a 'Pursuit Race'. This race differs from others by having boats 'pay' their handicap before they start. In theory, if each boat sails to their handicap, all boats should finish at the same time. The crew that sails closest to their rating will win. The payment system is based on a 15.0 nautical mile race and the PHRF-LO 'time on distance' ratings.

START PROCESS:

The sequence will follow RRS 26 with the following modification/s:

At or before the **Preparatory signal**, the time of the first start (e.g. 1040 for a 1035 preparatory signal) will be displayed from the RC vessel and remain on display for all starts. The first start will be signalled by the normal sequence.

Each subsequent boat will start 15 seconds after the first start for each PHRF point in their rating less than 230. (e.g. a boat rating 170 will start $60 \times 15 = 900$ seconds after the first start. See the table for details.) No signals will be made for subsequent starts.

Boats starting prematurely will be signalled in the normal fashion, and will have to return to the pre-start side of the line before starting.

COURSE: The **START** will be between the KYC Race Committee Vessel and a temporary mark located approximately 0.2 nautical miles northeast of **Myles Shoal** (KYC '**R**').

Marks of the course are:

- Simcoe Island (red stake KE2) to starboard KYC 'B'
- Penitentiary Shoal' (green can K3) to port KYC 'F'
- 3. Carruthers Point (green can K5) to port KYC 'A'
- 4. KYC 'E' to starboard
- 5. KYC ' \mathbf{M} ' to port
- 6. **Bayfield Shoal** (green can **H43**) to port KYC '**D**'
- 7. **Myles Shoal** (green can **K1**) to starboard KYC 'R'

THE FINISH will be between the **KYC Flagpole** and **KYC Mark 'P'** (located approximately 100 yards south-southeast of the flag pole.)

RATED LENGTH: 15.0 Nautical Miles

TIME LIMIT: None

TROPHY:

Overall: Cape Vincent 1910



PHRF	s	mm:ss	from 10:40	PHRF	s	mm:ss	from 10:40	PHRF	s	mm:ss	from 10:40	PHRF	s	mm:ss	from 10:40
230	0	0:00	10:40:00	185	675	11:15	10:51:15	140	1350	22:30	11:02:30	95	2025	33:45	11:13:45
229	15	0:15	10:40:15	184	690	11:30	10:51:30	139	1365	22:45	11:02:45	94	2040	34:00	11:14:00
228	30	0:30	10:40:30	183	705	11:45	10:51:45	138	1380	23:00	11:03:00	93	2055	34:15	11:14:15
227	45	0:45	10:40:45	182	720	12:00	10:52:00	137	1395	23:15	11:03:15	92	2070	34:30	11:14:30
226	60	1:00	10:41:00	181	735	12:15	10:52:15	136	1410	23:30	11:03:30	91	2085	34:45	11:14:45
225	75	1:15	10:41:15	180	750	12:30	10:52:30	135	1425	23:45	11:03:45	90	2100	35:00	11:15:00
224	90	1:30	10:41:30	179	765	12:45	10:52:45	134	1440	24:00	11:04:00	89	2115	35:15	11:15:15
223	105	1:45	10:41:45	178	780	13:00	10:53:00	133	1455	24:15	11:04:15	88	2130	35:30	11:15:30
222	120	2:00	10:42:00	177	795	13:15	10:53:15	132	1470	24:30	11:04:30	87	2145	35:45	11:15:45
221	135	2:15	10:42:15	176	810	13:30	10:53:30	131	1485	24:45	11:04:45	86	2160	36:00	11:16:00
220	150	2:30	10:42:30	175	825	13:45	10:53:45	130	1500	25:00	11:05:00	85	2175	36:15	11:16:15
219	165	2:45	10:42:45	174	840	14:00	10:54:00	129	1515	25:15	11:05:15	84	2190	36:30	11:16:30
218	180	3:00	10:43:00	173	855	14:15	10:54:15	128	1530	25:30	11:05:30	83	2205	36:45	11:16:45
217	195	3:15	10:43:15	172	870	14:30	10:54:30	127	1545	25:45	11:05:45	82	2220	37:00	11:17:00
216	210	3:30	10:43:30	171	885	14:45	10:54:45	126	1560	26:00	11:06:00	81	2235	37:15	11:17:15
215	225	3:45	10:43:45	170	900	15:00	10:55:00	125	1575	26:15	11:06:15	80	2250	37:30	11:17:30
214	240	4:00	10:44:00	169	915	15:15	10:55:15	124	1590	26:30	11:06:30	79	2265	37:45	11:17:45
213	255	4:15	10:44:15	168	930	15:30	10:55:30	123	1605	26:45	11:06:45	78	2280	38:00	11:18:00
212	270	4:30	10:44:30	167	945	15:45	10:55:45	122	1620	27:00	11:07:00	77	2295	38:15	11:18:15
211	285	4:45	10:44:45	166	960	16:00	10:56:00	121	1635	27:15	11:07:15	76	2310	38:30	11:18:30
210	300	5:00	10:45:00	165	975	16:15	10:56:15	120	1650	27:30	11:07:30	75	2325	38:45	11:18:45
209	315	5:15	10:45:15	164	990	16:30	10:56:30	119	1665	27:45	11:07:45	74	2340	39:00	11:19:00
208	330	5:30	10:45:30	163	1005	16:45	10:56:45	118	1680	28:00	11:08:00	73	2355	39:15	11:19:15
207	345	5:45	10:45:45	162	1020	17:00	10:57:00	117	1695	28:15	11:08:15	72	2370	39:30	11:19:30
206	360	6:00	10:46:00	161	1035	17:15	10:57:15	116	1710	28:30	11:08:30	71	2385	39:45	11:19:45
205	375	6:15	10:46:15	160	1050	17:30	10:57:30	115	1725	28:45	11:08:45	70	2400	40:00	11:20:00
204	390	6:30	10:46:30	159	1065	17:45	10:57:45	114	1740	29:00	11:09:00	69	2415	40:15	11:20:15
203	405	6:45	10:46:45	158	1080	18:00	10:58:00	113	1755	29:15	11:09:15	68	2430	40:30	11:20:30
202	420	7:00	10:47:00	157	1095	18:15	10:58:15	112	1770	29:30	11:09:30	67	2445	40:45	11:20:45
201	435	7:15	10:47:15	156	1110	18:30	10:58:30	111	1785	29:45	11:09:45	66	2460	41:00	11:21:00
200	450	7:30	10:47:30	155	1125	18:45	10:58:45	110	1800	30:00	11:10:00	65	2475	41:15	11:21:15
199	465	7:45	10:47:45	154	1140	19:00	10:59:00	109	1815	30:15	11:10:15	64	2490	41:30	11:21:30
198	480	8:00	10:48:00	153	1155	19:15	10:59:15	108	1830	30:30	11:10:30	63	2505	41:45	11:21:45
197	495	8:15	10:48:15	152	1170	19:30	10:59:30	107	1845	30:45	11:10:45	62	2520	42:00	11:22:00
196	510	8:30	10:48:30	151	1185	19:45	10:59:45	106	1860	31:00	11:11:00	61	2535	42:15	11:22:15
195	525	8:45	10:48:45	150	1200	20:00	11:00:00	105	1875	31:15	11:11:15	60	2550	42:30	11:22:30
194	540	9:00	10:49:00	149	1215	20:15	11:00:15	104	1890	31:30	11:11:30	59	2565	42:45	11:22:45
193	555	9:15	10:49:15	148	1230	20:30	11:00:30	103	1905	31:45	11:11:45	58	2580	43:00	11:23:00
192	570	9:30	10:49:30	147	1245	20:45	11:00:45	102	1920	32:00	11:12:00	57	2595	43:15	11:23:15
191	585	9:45	10:49:45	146	1260	21:00	11:01:00	101	1935	32:15	11:12:15	56	2610	43:30	11:23:30
190	600	10:00	10:50:00	145	1275	21:15	11:01:15	100	1950	32:30	11:12:30	55	2625	43:45	11:23:45
189	615	10:15	10:50:15	144	1290	21:30	11:01:30	99	1965	32:45	11:12:45	54	2640	44:00	11:24:00
188	630	10:30	10:50:30	143	1305	21:45	11:01:45	98	1980	33:00	11:13:00	53	2655	44:15	11:24:15
187	645	10:45	10:50:45	142	1320	22:00	11:02:00	97	1995	33:15	11:13:15	52	2670	44:30	11:24:30
186	660	11:00	10:51:00	141	1335	22:15	11:02:15	96	2010	33:30	11:13:30	51	2685	44:45	11:24:45

Chase Race Start Times

Appendix B: Season Awards

PHRF:

Evening Series PHRF I: KYC Cup Handicap-Keel

Championship (1912)

PHRF II: Championship Cup 1896-97

The five evening series results will be scored equally as a series. One evening series may be dropped. Ties will be resolved in accordance with Sailing Instructions and RRS Appendix A 1.4.

Weekend Series PHRF I: Kingston Ice Yacht Club

Challenge Cup (1895)

PHRF II: TBD

The weekend series events for PHRF will include: Pigeon Island Race (KYC), Wolfe Island Race, Main Duck Race, Harbour Race, and the Carruthers Series. The results of these events will be scored equally as a series. One event may be dropped. Ties will be resolved in accordance with Sailing Instructions and RRS Appendix A 1.4.

Shark:

Evening Series - Gostlin Trophy for KYC Annual Competition - Fleet Championship (1973)

The five evening series results will be scored equally as a

series. One evening series may be dropped. Ties will be resolved in accordance with Sailing instructions and RRS Appendix A.

Weekend Series – Walker International Challenge Cup for Ice Yachts

The weekend series events for Sharks will include: Pigeon Island Race (KYC), Wolfe Island Race, Shark Canadian Championships, Harbour Race, and the Carruthers Series. The results of these events will be scored equally as a series. One event may be dropped. Ties will be resolved in accordance with Sailing Instructions and RRS Appendix A 1.4.

CLUB CHAMPIONSHIPThe Doug Jemmett Championship Trophy

A Club Champion may be determined by racing between the fleet champions. The boats chosen to compete in will be decided by the Racing Committee. Details will be posted and the competitors informed.



Race Committee Guidelines

Guidelines and Suggestions for running club racing

Conduct of a Race

• The race committee boat should be prepared to leave the dock at 5:30pm at the latest, in order to have time to prepare properly for the race.

Before departing

- Determine a rough outline of wind direction and strength for the evening's racing, in order to determine where to start setting up the course.
- Check available weather reports to determine if there are any weather developments that may cause concern.

Once out of the harbour

- Use a flag to determine the compass direction of the wind for the evening. Multiple readings over a period of 5 or 10 minutes will indicate any trends, or variations.
- Determine which mark(s) you intend to use for their initial windward mark, and anchor in an appropriate position with the mark at the indicated compass direction.

Example:

In southwest winds, Marks X and G are standard windward marks, and the race committee can setup north of mark R. For races with a north, or a northeast wind, the race committee should attempt to use mark R or mark C for windward marks, requiring that the race committee be setup at the southern extreme of the harbour.

To set the line

- Check the wind direction with a compass. Subtracting 90° from the wind angle will give the desired angle to the start pin. Advise the mark boat as to the direction or bearing to head, and have them set the mark.
- In most cases, it is easier if they set the mark slightly below the intended location, so the race committee boat can use their anchor line to fine-tune their location, and ensure a square start line.

Throughout the remaining time before the start sequence

• Continue to monitor the wind speed and direction for any changes, while making the final decision as to the length and orientation of the course.

Course Discussion

- All starts should be upwind for the safety of the competitors, and to encourage fair competition.
- All Shark courses for weeknight racing should be a combination of windward and leeward legs only.
- Shark fleets prefer courses that are of moderate leg length, and use a leeward "gate" comprised of the start boat and the start pin.
- In the interest of safety, it is intended that all windward marks for weeknight racing will be left to port. Further, courses for weeknight racing will include a windward leg as the first leg.
- Offshore boats vary in their preference, with some preferring reaching legs, and some preferring windward-leeward courses.
- Race committees should take into account the available sunlight, time of sunset, and the wind strength and trend for the evening when considering the course. Legs that are approximately 15 to 20

minutes long are ideal, with the entire race running between 60 and 90 minutes. Provided is a table that gives an example of course layouts for given wind strengths:

Wind Strength	Course Length	Offshore example	Sharks Example
0 to 5	2-3 Legs	G-R-0	X-R-0
5 to 10	3-4 Legs	G-0-2	X-0-2
10 to 15	4-5 Legs	G-S-X-S-0	X-S-2-0
15 to 20+ Daylight permitting	5-6 Legs	G-S-2-R-0	X-0-3

(Courses based on a wind dir. of approximately 260°)

Once all boats have been checked in

- Establish jobs for all on board to perform during the start sequence. If the course is changed, flying "L" flag as a courtesy helps to inform the racers.
- Jobs include: Timing, Sound Signals, Visual Signals,
 Sighting the line, Radio Broadcasting and recording.
- It is important is that everyone involved be aware of their jobs, and how they will be done during the start sequence. In an ideal world, the start sequence would look like this: (see next page)

Time	Signal	Flag	Sound
1800 hours	PHRF I Warning Signal	UP - Numeral Pennant	1 sound
1801 hours	PHRF I Prep Signal	UP - Code Flag P, I, or Z	1 sound
1804 hours	PHRF I Prep Signal Down	DOWN - Code Flag P, I or Z	Long sound
1805 hours	PHRF I Start	DOWN - Numeral Pennant 1	1 sound
1806 hours	Shark Warning Signal	UP - Numeral Pennant 3	1 sound
1807 hours	Shark Prep Signal	UP - Code Flag P, I, or Z	1 sound
1810 hours	Shark Prep Signal Down	DOWN - Code Flag P, I or Z	Long sound
1811 hours	Shark Start Signal	DOWN – Numeral Pennant 3	1 sound
1812 hours	PHRF II Warning Signal	UP – Numeral Pennant 2	1 sound
1813 hours	PHRF II Prep Signal	UP – Code Flag P, I, or Z	1 sound
1816 hours	PHRF II Prep Signal Down	DOWN – Code Flag P, I, or Z	Long sound
1817 hours	PHRF II Start	DOWN – Numeral Pennant 2	1 sound

Subsequent starts will use this same timing format

If at any time there is an error in starting procedure, or a severe wind shift or weather situation, the race committee may at any time hoist the AP signal with 2 horns to postpone the race and solve the problem. This postponement can be as short as a single minute, allowing the race committee to start the sequence over again. If, at the start, there is a boat or boats over early, the race committee should display either Code flag X for an individual recall, or the First Substitute pennant for a general recall. They should also broadcast the sail number of the boat or boats that were over early on VHF channel 71.

After the start of the races

- Monitor the fleets progress through the race, keeping track of the time it takes the first and last boats to complete each leg, and for any changes in wind strength or direction.
- Identify any boats showing signs of distress and ensure that assistance is provided if necessary.

In the event of a wind shift

 the race committee may change the course by posting a boat at the next mark of the course that has not yet been rounded, flying Code Flag C, making repeated sound signals, and displaying the sequence of marks from that point in the race, to the finish.

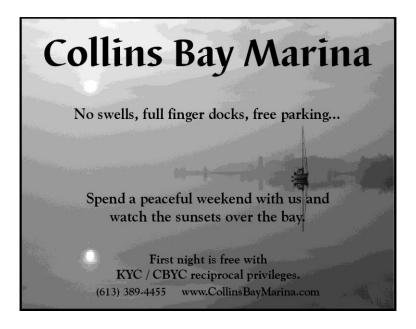
In the event that the wind dies, or the original course was too long,

• the race committee may decide to end the race at a given mark, by posting a boat beside the next mark so that a boat approaching from the direction of the

previous mark will have to leave the mark on their port side, and the boat on their starboard side. This boat must display Code Flag S, with two signals when hoisted, and record the finish times for Offshore boats, and the finish position for the shark fleet. Race committees should be aware that PHRF fleets depend on a consistent level of wind throughout the race for their handicap system to work.

In a case where the wind has died completely, or there is clearly no option for continuing the race

• A race that has been started may be abandoned by hoisting Code Flag N, with three sound signals.



Cruising Fleet Program

Fleet Co-captains: June Blackburn and Karen Kitney

The 2014 Cruising Fleet calendar includes day sails, weekend sails, and extended cruises as well as non-sailing events that are of interest to members.

All KYC members, whether sail or power boat owners or members without a boat, are welcome to participate in the Cruising Fleet events. One purpose of cruising events is to encourage boat owners and noboaters to connect and go sailing.

All weekend rendezvous destinations are accessible by road as well as by water. In past seasons, participants have been innovative in using a variety of combinations of land and water travel to attend events.

Cruisers are also reminded about the Fort Frontenac Cruising Cup (FFCC). To meet the requirements for an award, cruisers must sail to a set of places in Lake Ontario and the St. Lawrence River. The FFCC Log, which can be downloaded from the Cruising section of the KYC website or picked up at the KYC office or bar, lists the requirements that need to be completed to earn this award.

Information updates and reminders about cruising events are distributed by e-mail as the season progresses. If you are not currently receiving Cruising Fleet notices and would like to, send an e-mail to cruisers@kingstonyachtclub.ca asking to be added to the cruising fleet distribution list. Information about events is also posted as the season progresses on the Cruisers Notice Board in the Sunshine Room (west end of the main floor behind the fireplace).

If you plan to attend an event, please reply to e-mail notices or use the sign-up sheets on the Cruiser's Notice Board so that the event coordinator will know how many to expect.

Cruising Awards

<u>Fort Frontenac Cruising Cup</u> – Given to anyone completing a list of requirements available at the Office or behind the bar.

<u>The Brass Winch Award</u> – For doing something good for another boater

<u>The Broken Winch Award</u> – For something bad or unseamanlike that has happened over the season.

<u>The Long Haul Award</u> – For those who have travelled outside of Lake Ontario and the St Lawrence River past Brockville for at least 1 month.

<u>The KYC Cruising Challenge Cup</u> - Annually, as part of a cruising event, the KYC cruising fleet will arrange a race with cruisers from another club. The Challenge Cup will be awarded to the winning club at the KYC Cruising Fleet annual dinner.



Radio Controlled Racing Season

Soling Fleet Captain: Paul Switzer **IOM Fleet Captain:** Greg van Rossem

We will be sailing International One Meter Class every Monday evening starting at 6pm (1800 hrs) starting the first Monday in May.

Our Soling One Meter Class will begin racing on the first Wednesday in May with a practice, and will then sail every Wednesday, starting at 6pm (1800 hrs). There will be 8 heats (races) in each race night, with a minimum of 3 boats and 3 races to constitute a race night.

Racing will be scored in accordance with RRS Appendix A2.2, Low Point Scoring System and governed by the ISAF 2013-2016 Racing Rules of Sailing (RRS), including Appendix E; Fleet determined Sailing Instructions (SI), Bylaws of the Kingston Yacht Club, the Rules of the International One Metre Class and Soling Class as warranted.

Venues this season will be as follows:

Both IOM and Soling Fleets will sail their regular scheduled race nights off the break-wall at KYC.

There is recognition for the top three racers in each series for both fleets and awards for the top three racers for the overall season in both fleets.

Both fleets invite all KYC members to come by and give it a try. Information on boat building, buying, sailing and racing is available through the Canadian Radio Yachting Association website (<u>WWW.CRYA.CA</u>) or by contacting the fleet captains.

Other RC Events:

KYC - Soling Hudson/Kingston Interclub Regatta - Date TBA

September 12-14 - KYC - IOM Canadian Nationals

September - Until the Ice Moves In

IOM Frostbite Series often referred to as the "Hot Rum" series. A perpetual trophy is housed at Kingston Yacht Club and awarded to the Frostbite Champion each year.

See you at the start line.



A word from the shore...

On behalf of all the KYC Staff Team I would like to welcome everyone to the new Sailing Season. May you all sail in fair winds and find safe harbours throughout the season.

The KYC Staff Team looks forward to serving all club fleets throughout the summer. Be sure to drop by the clubhouse and gas dock and introduce yourself to our Team members. Please know every time you visit your club it is our goal to exceed your expectations. We are human though and do make errors. When we do fall short of your expectations I want to know as soon as possible (manager@kingstonyachtclub.ca or 542-3052 ext 4) so the matter can be addressed and rectified immediately. By supporting this request you will allow your KYC Staff Team to get better which will lead to an even better member experience for all KYC members.

Food service will start right on the first race night with our Preliminary Patio Menu and our Full Patio Menu will launch mid May. Although hours will vary slightly depending on other events and weather the normal food service hours will be daily from 1100hrs to 2100hrs while the bar will provide service daily from 1100hrs to 2200hrs, later when demand warrants.

Please remember your club when planning that special event, be it personal or corporate, we'd love to prepare a proposal for you, and we cater special events throughout the year!

Although hours will vary at the start and end of the season, the usual daily KYC gas dock hours will be 0800hrs to 1800hrs. Prior to the May long-weekend and after Labour Day weekend members should call ahead to confirm gas dock hours.

A great season of sailing to all!

Take care, Glenn Singleton KYC Manager







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Notes		

Notes

Contact the Kingston Yacht Club

By Mail:

Kingston Yacht Club 1 Maitland Street Kingston, Ontario Canada K7L 2V3

By Phone:

Main Office: 613.548.3052 ext 1
Main Bar & Lounge: 613.548.3052 ext 3
Manager 613.548.3052 ext 4

Gas Dock: 613.547.5844 (May to October)

Junior Sailing Office: 613.547.2620 (May to September)

By Email:

Manager Glenn Singleton manager@kingstonyachtclub.ca

Yard Brad Strawbridge yard@kingstonyachtclub.ca

Club Services
Coordinator

Brett Thompson csc@kingstonyachtclub.ca

Race Office race@kingstonyachtclub.ca

Junior Sailing juniorsailing@kingstonyachtclub.ca

Able Sail ask@kingstonyachtclub.ca

www.kingstonyachtclub.ca

